



"Your First Call For First Aid Training"

Call Simon Smith on: 07906547435

[www.firstaidfirst.biz](http://www.firstaidfirst.biz)

# mini MEDICS



## Syllabus

A range of subjects are covered including:

What is First Aid?

Safety

Communication and contacting  
emergency services

First Aid kits

Recovery position

Choking

DR ABC

Resuscitation (CPR)

Defibrillation

Wounds and bleeding

Asthma

Shock



Mini Medics is a basic introduction to First Aid and Defibrillation aimed at children between the ages of 8 and 11, but it can be adapted to suit children of any age.

The course is kept at a basic level without the use of difficult terminology. It shows complete respect for the child's ability, making it both educational and practical, and instils the importance of helping someone who is poorly or injured.

This 3 hour course is aimed at children in Key Stage 2 (but can be adapted to suit younger or older children) and would ideally suit one class at a time. This can be flexible according to the numbers in classes. It can be taught in classrooms but would benefit from some use of a hall or space with less furniture. Courses can be split into two sessions on different days if required or delivered as two after school sessions.



## Pricing

**Tuition only** £190 Full day (2 classes) or £120 for a 1/2 day session, (one class or group).

**Books (optional)** are available to accompany the course. Some schools purchase a set of 6 mini medics books to use after the course as a guided reading or reference resource. Price per book is £4. Any number can be purchased.

All tuition is in line with current First Aid protocols delivered by a highly skilled, experienced first aid trainer. The first aid trainer is joined by his wife, and the partnership are both very experienced primary school teachers with over 60 years of teaching between them!

Contact the team on 07906547435/07963360633 or email

[info@firstaidfirst.biz](mailto:info@firstaidfirst.biz) to book your sessions.