



"Your First Call For First Aid Training"

mini MEDICS



Syllabus

A range of subjects are covered including:

- What is First Aid?
- Defibrillation
- First Aid kits
- Recovery position
- Choking
- Resuscitation (CPR)
- DR ABC
- Wounds and bleeding
- Asthma
- Shock
- Safety
- Communication and contacting the emergency services



Mini Medics is a basic introduction to First Aid and Defibrillation aimed at children between the ages of 8 and 11, but it can be adapted to suit children of any age. The course is kept at a basic level without the use of confusing terminology. The course will show complete respect for the child's ability, making it both educational and practical, and instil the importance of helping someone who is poorly or injured.

This **3 hour** course is aimed at children in Key Stage 2 and would ideally suit one class at a time. This can be flexible according to the numbers in classes. It can be taught in classrooms but would benefit from some use of a hall or space with less furniture. Courses can be split into two sessions on different days if required or delivered as after school sessions.

Sessions for smaller groups such as Cubs and Brownies can be arranged.



All tuition is in line with current First Aid protocols. It is jargon-free, organised and delivered by experienced First Aid Trainers with 60 years' combined experience as primary class teachers. All tutors are fully qualified and DBS checked.

The course can be supplemented by the purchase of optional high quality, child friendly books. Some schools purchase a book for each child, some give parents the opportunity to order a book prior to the course and some schools but a set of six books as a guided reading or reference resource.

Contact Simon and Frances on 07906547435

email: info@firstaidfirst.biz to discuss your requirements

